THE 8 PROJECT

CREATIVE REHABILITATION PROGRAM

A structured creative rehabilitation program for veterans and survivors of war and terror.

HOW DO YOU REBUILD YOUR LIFE WHEN YOU NO LONGER FEEL LIKE YOURSELF?

www.the8project.org

THE NEED IN ISRAEL

Trauma affects individuals. Its impact reaches entire families.

22%
POST TRAUMATIC STRESS

Adults surveyed who screened positive for PTSD symptoms.

May 2026

32%
PSYCHOLOGICAL DISTRESS

Screened positive for PTSD, depression, or anxiety.

May 2026

93%
CHILDREN & FAMILIES

Mothers surveyed in reserve duty families reported emotional or behavioral changes in their children.

Presented June 2026

37*
DEATHS BY SUICIDE

Reported deaths among serving and former service members in 2026.

As of October 19

REHABILITATION INCLUDES REBUILDING EVERYDAY LIFE

Sources: Brookdale & Clalit, May 2026; Reserve duty spouses survey, Knesset, June 2026;
Alliance, October 19, 2026, citing Haaretz. Screening is not diagnosis. Family survey is not established as representative.
*Media reported total; verification pending. No causal link to PTSD established.

THE REHABILITATION FRAMEWORK

BUILT ON LIVED EXPERIENCE

Founded by artist and combat veteran Tomer Peretz, who was diagnosed with PTSD 20 years ago.
The program combines lived experience with professional expertise.

STRUCTURE & ACCOUNTABILITY

Clear expectations, personal goals, and consistent participation help participants rebuild routine and take responsibility for their progress.

PROFESSIONAL THERAPEUTIC SUPPORT

Qualified therapists provide care tailored to each participant's needs, alongside psychiatric consultation and oversight.

STABILITY

A dependable environment and practical support allow participants to focus on rehabilitation.

CONNECTION, PURPOSE & EXPRESSION

Creative work and community help participants reconnect with themselves, build relationships, and develop a sense of purpose.

Art is our toolbox. Rebuilding everyday life is the goal.

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REHABILITATION IN PRACTICE

A process that begins in Israel and continues beyond the program in Los Angeles

BEFORE ARRIVAL

ISRAEL

Our therapists and program managers begin supporting participants as soon as they are accepted into the program, while they are still in Israel.

THE PROGRAM

LOS ANGELES

During 1 to 3 months, participants follow a structured daily routine at Tomer Peretz's studio, developing personal projects with Tomer and artistic mentors. Qualified therapists provide individual and group support, alongside psychiatric consultation.

Housing, transportation, and daily needs provide stability away from familiar triggers. Life coaching and career guidance help participants consider their next steps.

Projects are exhibited and offered for sale through The 8 Project, building ownership, pride, and public recognition.

AFTER RETURN

ISRAEL

Support continues after participants return to Israel, as they work to carry the progress made during the program into everyday life.

EARLY OBSERVATIONS

Elina Kogan, LICSW, MFT, MSW

Lead therapist with over 25 years of experience in trauma therapy in Israel and the United States.

Elina Kogan’s review of participants’ assessments before and after the program points to meaningful progress in psychological recovery, everyday functioning, and personal and social reintegration.

PSYCHOLOGICAL RECOVERY

Reduced symptoms of trauma, depression, anxiety, and stress.

EVERYDAY FUNCTIONING

Greater independence and capacity to manage daily life, including employment.

PERSONAL & SOCIAL REINTEGRATION

Rebuilding relationships, pursuing education, and reconnecting with meaningful life goals.

These early findings suggest that the program’s benefits extend beyond symptom reduction.

OUR ALUMNI

Life beyond the program



ANDREI KOZLOV

Creating in New York, preparing his first exhibition.



ARIEL ALMAKYS

Living independently and working in advertising.



DMITRY POMAZAN

Pursuing a bachelor's degree in film.



NOAM YEHUDAI

Creating beyond her loss and working as a tattoo artist.



ROTEM ZAMIR

Creating daily in her own studio.



SHAHAF SHARON

Studying tattooing, painting, and drawing.



SHAKED SALTON

Studying in Los Angeles and mentoring new participants.



TZABAR ALUSH

Studying art at HaMidrasha, Beit Berl College.



YOSEF MAIMON

Now a fine arts student at Bezalel.



ZOHAR EFARGAN

Accepted to Shenkar and continuing to create.

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SUPPORT THE NEXT CHAPTER

$15,000 supports one participant's full rehabilitation program.

$15,000

SPONSOR ONE PARTICIPANT

Housing, professional care, creative resources, and daily stability throughout the program.

FULL PROGRAM BUDGET

Housing	$3,500
Local Transportation & Insurance	$1,000
Food & Daily Living	$1,000
Therapeutic Support & Wellness	$1,000
Cultural & Recreational Activities	$500
Program Staff & Coordination	$3,000
Artistic Mentorship	$1,500
Creative Studio & Art Materials	$2,500
Program Operations & Technology	$1,000
TOTAL PER PARTICIPANT	**$15,000**

Support can be financial or in kind, such as providing an apartment or a vehicle for use during the program.